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**YOU ARE INVITED TO JOIN!**

# **NOISE AQUARIUM**

**ONLINE MEDITATION**



**THURSDAY, September 24,  
8am PDT, 5pm CET**

**LIVE**

**EVERY OTHER BREATH YOU TAKE IS MADE BY PLANKTON**

**We may believe this or that, think to the left or to the right,  
but we all need to breathe.**

Join Victoria Vesna in California and Anna Nacher in Poland/Slovakia as they communicate across the ocean and share the oxygen created by the plankton. Together we breathe in rhythm, as we listen and dive into the interconnected ecology of the collective mind and share frequencies of creating peace amidst all the noise. HEADPHONES are highly recommended for a full experience of binaural sounds and beats....



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The invisible virus has turned our world upside down and we turn our attention to the micro-creatures that give us life. Noise Aquarium installation is all about achieving balance in order to commune with the planktons and now we cannot be there in body so we do the same by connecting online during this extraordinary time.

Amidst all the mental and visual noise of the media social network, the invisible virus has actually made the seas and oceans quiet, the underwater creatures happy and scientists are able to make a comparison with the pre-industrial age. Many on the land are reporting that they hear birds again which were either drowned out by noise or forgotten to exist.

**We have a chance to listen and take a moment and consider, imagine how we would like our future to look once the virus goes away.**

This is the time for artists and scientists – those of fortunate enough to be in safe spaces with a job -- to work together and raise the frequency of our collective brain waves and move away from consumerism to new ways of thinking and being that respects and honors not only the scientific and technological advances but also the ancient and indigenous wisdoms.

Audio mixed by sound artists John Brumley, Clinton Van Arman and Ivana Dama in real time as you watch the amazing creatures visualized by biologists Stephan Handschuh and Thomas Schwaha, animated by Martina Fröschl.

Victoria Vesna's project in CCA LAZNIA is part of the "Studiotopeia" project supported by European Union Creative Europe programme and the Wiener Rauschen sound festival in Vienna.

**For more information:**

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Festival [link](#)